

## **SBMS Character Education**

### **Brain-based Parenting Strategies to Prevent High-Risk Behavior Presentation**

**January 10 at 7 p.m. at**

**Spring Branch Middle School Auditorium**

More teens are suffering from depression than any other time in our history. What is happening in our culture and to our children's development? Brain-based Parenting Strategies to Prevent High-Risk Behavior teaches parents how substances and other high-risk behaviors such as technology overuse affect healthy brain development and how to prevent children and adolescents from engaging in such risky behavior. Practical, every-day parenting solutions will be discussed so, bring your questions!

Presented by Dr. Crystal Collier, the Director of the Choices Program & Prevention Research for The Council on Recovery.

*All are invited to attend.*